



Topic: Relationships

PSHE Cycle A Summer Term 1 Y3/4



Key Vocabulary

Make amends

To make up for something done or said

empathy

To understand people's feelings



Helpful hints: It is great to feel proud of what you have done or achieved but remember that there is a fine line between saying how proud you are and 'showing off'

New Knowledge

To help change an unfair situation we can talk about it and recognise how others feel.

Being proud is feeling pleased and satisfied with what we have done. In relationships we tell people when we feel proud of them.

Telling the truth and saying sorry is important in a relationship in order to make amends and move on.

Showing empathy with people may help them to stop feeling lonely, sad etc.

Other families either in school or the wider world sometimes look different from their family, but we should respect those differences and know that other children's families are also characterised by



Prior Learning

In Early Years, pupils learned:

Friendships have up and downs & that these can often be worked through so that the friendship is repaired or even strengthened and that resorting to violence is never right

In Year 1 and 2 pupils learned:

Feelings can feel really big if you don't talk and get help.

