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| **Street Dance Vocabulary** | |
| Performance | presenting a for of entertainment to an audience. |
| Rhythm | strong, regular repeated pattern of movement or sound. |
| Street Dance | is a social gathering at which people dance in the streets. |
| kick step out |  |
| zip step |  |
| top-rock | <https://www.youtube.com/watch?v=LETsrDLIoto> |
| scoop |  |



**Area of PE**: Street Dance

**New Knowledge – Body (cardiovascular system)**

Blood is circulated around the body constantly it doesn’t stop.

Blood reaches the lungs and gets oxygenated and returns to the heart.

Blood is permanently traveling inside our body.

**Prior Knowledge – Body (cardiovascular system)**

Our heart beats faster when we exercise because we are working harder. Our heart is about the size of one fist.

Works like a pump, pumping blood around the body to deliver oxygen to our muscles.

**New Knowledge - Practical**

**Movements**

Performances have a sequence with a clear beginning, middle and end.

The tempo (speed) can change in movements.

Dance can use a steady beat for movements in counts of 4,8 and 12 (linked to music scores blocks of 4 / 4 times table)

Link actions in a routine smoothly and with fluency.

Perform movements in canon (different starting points, domino effect).

Dance at different levels (high and low) and speeds.

**Performance**

Actions need to link smoothly and with fluency when performing.

Spatial awareness means thinking about where I am compared to other people.

Moving in unison means at the same time and way as other people.

Performers use facial expressions to express emotions e.g. Smiling for enjoyment, facial expressions for street ‘attitude’.

**Evaluating**

Evaluating means describing what is happening using dance vocabulary and offering critiques – positive and areas of improvement.

**New Knowledge – Street Dance (Context)**

History of street dance - 1960s and 70s African, Caribbean and Latino communities from the West coast of America hosted block parties to celebrate their culture in fun and creative ways.

DJ Kool Herc played at many block parties. He is also known as the ‘Father of Hip Hop’.

First DJ to use two decks at the same time which revolutionised the way DJ’s mix music today.



**Prior Knowledge about Dance**

EY - You can move in time with music. You can link movements together.

Y1/2 – Dance is counted in beats of 8. You can travel in different ways. A routine is a dance with different movements in. You can show emotion through movement. Evaluating is sharing a positive comment about a performance and how it can be made better.

**By the end of Y3/4, the children will know the following knowledge about dance through the genre of Street Dance.**

Spring Term 1

Y3/4