# Superheroes

Spring 1

## **Key Questions:**

What is a hero? What is a heroine? How are our bodies super? How can we be super healthy? Is Florence Nightingale a super hero? How do we use our own super learning powers?

## **History: Florence Nightingale**

# **Key Questions:**

- When did Florence Nightingale live and do her work? Why did Florence

working in the Crimean war?

- Nightingale go to Scutari?
- What was it like for Florence Nightingale
- How did Florence Nightingale make things better for soldiers in the Crimean war?
- How do we know about Florence Nightingale?
- How was Florence Nightingale a courageous advocate? Is she a heroine? Why do you think that?
- How are hospitals different now?

# Key Facts:

Florence Nightingale was born in 1820.

She had a good education, unlike many girls at that time, and was good at maths.

She felt that God had an important job for her.

Her family didn't want her to be a nurse.

She went to the Crimea and then Scutari in Turkey in 1854. She discovered that soldiers were dying because of the lack of proper food and medicine, not enough staff and dirty conditions.

She became very ill with Crimean fever.

In 1856 she became the general superintendent of the nurses in the military. She became known as the Lady with the Lamp.

In 1856 she told Queen Victoria and Prince Albert about the poor conditions of the hospitals and asked that this be investigated. She was a courageous advocate for what she believed in – that the

hospital conditions must be improved.

She wrote lots of books and reports. One was called: Nursing: What is it and What it is not. She opened the Nightingale Training School at St Thomas' Hospital in 1860. She was awarded many awards including the Royal Red Cross by Queen Victoria. She died in 1910.

#### Computing:

## Word Processing:

- Use shift space and enter correctly
  - Use undo and redo and edit their own work
- Format the font and change text size
- Select single words
- Save their work in a folder
- Have some knowledge of the location of letters and symbols on a keyboard

# Music:

# **Key Questions:**

Can you name the parts of the recorder? How can we use our tongue to make a half beat note when playing? How do you play a ....? Which note is 1 beat? A half beat? 2 beats? Key facts: FACE- notes on the line within the stave EGBDF- Every Good Boy Deserve Football - notes in between the lines of the stave.

A crochet -1 beat, double quaver -2 half beats, minim – 2 beats

# Design & Technology: Superfoods

# Key Questions:

Where does food come from?

What foods do we need to eat to be super healthy?

# Key Facts:

Our bodies need a balanced diet with food from the main food groups protein to mend and grow, carbohydrates for energy, fruit and vegetables for vitamins and fibre, healthy fats to make our body work properly and give us energy and dairy for calcium.

All food comes from either plants or animals and that through food chains all food ultimately comes from plants.

#### Art: Artist: Roy Lichtenstein



#### Key Facts

Roy Lichtenstein was one of the leaders of the pop art movement. His works were inspired by comic strip art and adverts and were often humorous.

In 1961, Roy Lichtenstein started to produce his first pop art paintings. He used images of Mickey Mouse and Donald Duck. He also used comic strip characters and reproduced famous works by Vincent van Gogh, Mondrian, Cezanne and Picasso.

Pop art uses bold bright colours, often simple designs and Lichtenstein often used dots to create his pictures.

### PHSE:

How do heroes in your life make you feel? Who is a hero in our lives? How can we be a hero? Is a courageous advocate a hero? Links to British values - the police, health service, emergency services Science: **Key Questions:** What makes up a balanced diet? Which part of the body is ....? With which parts of the body do we hear, taste, touch, see and smell? Why do we need to exercise? How does exercise help our body? Why is personal hygiene important? **Key Facts:** To live we need water food and air https://www.bbc.com/bitesize/topics/zv4cwmn/resources/1. Our bodies need a balanced diet with food from the main food groups – protein to mend and grow, carbohydrates for energy, fruit and vegetables for vitamins and fibre, healthy fats to make our body work properly and give us energy and dairy for calcium. All food comes from either plants or animals and that through food chains all food ultimately comes from plants. Key Vocabulary: Hero - brave man who acts for the good of others Heroine - brave woman who acts for the good of others Comic Strip - pictures to tell a story Pop art - popular art or a particular simple and bold and comic strip style Famous - well known by lots of people Historical - from the past Military - connected to the army and war Hygiene – clean conditions Disease - illness, infection Scutari - name of a place in Turkey Crimea – a place in Eastern Europe near Turkey Protein - foods that mend and grow your body Carbohydrate - foods that give you energy to grow and move Vitamins - chemicals that make your body work properly



